

## Vegan soups and Creams

Vegan, Gluten Free, Zero Fat.

Our homemade vegetable soup is made with carrots, pumpkin, celery, white onions, potatoes, malanga (taro) water and salt. Zero dyes or preservatives.

### Optional side

Organic croutons .85

Creamy vegetable soup ✓✋	7.85
Vegetable soup ✓✋	6.5
Lentil soup ✓✋	6.5

### Add

-Grilled chicken	1.25
-Smoked salmon	3

## Vegan Gluten Free Pizza

### VEGAN DOUGH/\*GLUTEN FREE PIZZA 12" ✋ 17

Tomato & basil sauce and Mozzarella Cheese.

### Add your favorite toppings

-Veggie toppings	1.5
Arugula, Basil, Olives, Red or white onions, spinach, mushrooms, peppers and tomato.	
-Meat & Chesse Toppings	2
Sliced chicken breast, Feta, Goat, Ricotta cheese	
-Vegan Cheese	3

### HOMEMADE GLUTEN FREE LASAGNA *New* 17

(Beef or Chicken) Marinara sauce, Ricotta, Gluten Free Sheet & Mozzarella Cheese. ✋

### Add

-Vegan Cheese	3
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\*We prepare our Gluten Free Pizza in a common kitchen with the risk of gluten exposure. Therefore, Viva D'Light does not recommend this pizza for customers with celiac disease.

📍 1700 79th St Causeway #172  
North Bay Village, FL 33141  
305.867.4055

### Business hours

Open 11 am - 11:30 pm  
Sunday open 11:30 am - 11 pm

Dine In - Take Out  
Delivery fee \$5.75 up to 2 miles  
\$6.75 up to 4 miles.

## PLAT DU JOUR 13

### CHOOSE TWO BASES

Organic brown rice ✓✋  
Basmati rice ✓✋  
Organic quinoa ✓✋  
Veggie mix ✓✋  
Tossed salad ✓✋  
Roasted sweet potatoes

### CHOOSE ONE PROTEIN

Grilled chicken breast 5oz	0
Steak 5oz	4
Tuna 4oz	5
Atlantic salmon filet 5oz	12



## CLAO'S Healthy Bakes

Made with 50% almond flour, 50% wheat flour, no butter, no white sugar.

### HOMEMADE MUFFINS *N* 2.95

Chocolate, apple/cinnamon, coconut, pineapple coconut, peanut butter/banana, berries.

## COFFEE AND TEA

### COFFEE

Espresso 4oz	2.4
Colada 4oz	2.4
Cortadito 4 oz	2.5
American Coffee 16oz	2.8
Capuccino 16oz	4.25
Caramel Macchiato	4.5

### Add

-Oat milk	0.85
-Caramel creamer	0.85
-Almond milk	0.85
-Coconut milk	0.85

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📷 vivadlight



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## BREAKFAST

**AVOCADO TOAST WITH EGG** 11.25  
Whole wheat or regular toast topped with avocado, egg, arugula and sesame seeds **N**, spicy aioli dressing **N**

**SCRAMBLED EGG TACO WITH PICO DE GALLO** *New* 7.50  
Sour Cream and Cheddar Jack Cheese.  
-Add veggies \$0.50 each

**EASY HEALTHY OMELETTE** *New* 11.95  
Three eggs, spinach, tomate, scallions and mozzarella cheese, served with avocado, arugula and toast.

## SUPER FOOD SMOOTHIES & JUICES

100% Natural

Base filtered water or choose coconut water +75 cts, almond milk +75 cts, coconut milk +75 cts, oat milk +75 cts or orange juice add +95 cts.

**ORANGE** **V** **N** 16 oz 9

**ORANGE & CARROT** **V** **N** 9

**TROPICAL CARROT SMOOTHIE** **V** **N** 9.75  
Carrot, orange, mango, ginger

**PURPLE POWER** **V** **N** 9.75  
Beet, strawberry, banana

**D'LIGHT DETOX SMOOTHIE** **V** **N** 9.75  
Spinach, banana, matcha, kale, celery, green apples, orange juice

**PINEAPPLE DETOX** **V** **N** 10.75  
Pineapple, apple, carrots & celery

**CARROT DEEP CLEANSER** **V** **N** 10.75  
Carrots, apple, beet, celery & kale leaves

**SUPERGREEN SPIRULINA SMOOTHIE** **V** **N** 10.75 *New*  
Banana, cucumber, spirulina, spinach.

**CREAMY MATCHA DATES SMOOTHIE** *New* 10.75  
Banana, mango, organic medjool dates, matcha tea & Greek yogurt. **V** **N**

**WEIGHT LOSS MATCHA SMOOTHIE** **V** **N** 10.75  
Banana, pina, match, spinach.

**ACAI SMOOTHIE** **V** **N** *New* 10.75  
Acai with strawberries, banana & berries.

**ENERGETIC SMOOTHIE** **V** **N** 11.25  
100% whey protein powder, banana, peanut butter, cacao nibs, oats with greek yogurt almond milk or coconut water.

**G** Gluten Free **N** Nut Allergy **K** Keto Diet **V** Vegan

## ACAI & FRUIT SALAD

**ACAI BOWL** **V** **N** 13  
Organic brazilian acai base, berries, & banana; topped with keto-vegan granola **N**, coconut flakes, strawberries, blueberries & banana, peanut butter (additional) **N**

## SALADS

**Choose** your favorite vegan-homemade dressing: Aioli, Orange or Cilantro, prepared with a base of organic unroasted whole cashews **N**

**BAKED POTATO SALAD** **N** 13.75  
Diced sweet potatoes, goat cheese, kale, green apple, dried cranberries, pecans **N**, served with your favorite dressing **N**

**SWEET POTATO SALAD WITH APPLES AND SEEDS** **N** 13.75  
Organic quinoa, apples, sweet potatoes, cranberries, strawberries and goat cheese, served with your favorite dressing **N**

**SWEET POTATO PESTO BUDDHA BOWL** **N** **V** 13.75  
Quinoa, avocado, baked chickpeas, sweet potatoes, pesto **N**, served with your favorite dressing **N**

**SPINACH-QUINOA BOWL** **N** 13.75  
Spinach, quinoa, dried cranberries, fresh strawberries, feta cheese & sliced almonds toasted **N**, served with your favorite dressing **N**

**Add**  
-Grilled chicken breast 4  
-Tuna 9  
-Atlantic Salmon 12



NOV-24

## BOWLS

**Choose** your favorite vegan-homemade dressing: Aioli, Orange or Cilantro, prepared with a base of organic unroasted whole cashews **N**

**HEALTHY ORGANIC BROWN RICE** **N** **V** (mixed) 13  
A healthy combination of organic brown rice or Basmati rice with vegetables already mixed: broccoli, sugar snap peas, green beans, carrots, yellow carrots, mushrooms, red bell peppers, water chestnuts and onions, served with your favorite dressing **N**

**VEGAN POKE BOWL** **V** **N** 15  
Organic brown rice or Basmati rice or organic quinoa, tofu, cucumber, purple cabbage, radishes, scallions, shredded carrots, edamame, avocado, served with your favorite dressing **N**

**HUMMUS BUDDHA BOWL** **N** 15  
Organic brown rice or Basmati rice or organic quinoa, cucumber, red onion, cherry tomatoes, cilantro, chickpea, organic hummus, goat cheese, green olives & olive oil.

**D'LIGHT CHICKEN BOWL** **N** 16  
Organic brown rice or Basmati rice or organic quinoa, grilled chicken, arugula, avocado, caramelized pineapple, carrots, onions, sesame seeds **N**, cilantro, served with your favorite dressing **N**

**MEXICAN BURRITO BOWL** **N** 18 ½ \$11  
Organic brown rice or Basmati rice, black beans, corn, guacamole, red onions pico de gallo, sourcream, cilantro, chicken & Monterrey - Cheddar Cheese. *New*

**EASY HAWAIIAN POKE BOWL** **N** 21 ½ \$13  
Organic brown rice or Basmati rice or organic quinoa, atlantic salmon or tuna, cucumber, scallion, seaweed salad, shelled edamame, pineapple, avocado, sesame seeds **N**, served with your favorite dressing **N**

**Add**  
-Grilled chicken breast 4  
-Tuna 9  
-Atlantic Salmon 12

Disclaimer: Consuming raw or undercooking meats, poultry, seafood, eggs or unpasteurized milk may increase the RISK of food-borne illness. We sell also products with peanuts, tree nuts, milk, eggs and wheat. Despite the efforts we make to avoid cross-contamination with these ingredients, we CANNOT guarantee that our products are safe to consume by people allergic to these products. We use fresh, unpasteurized products that may contain bacteria that are harmful to the organisms of children, the elderly, or people with weak immune systems.

Our homemade dressings are vegan, gluten-free, and made with organic, unroasted whole cashews. They are not suitable for people with nut allergies.

## WRAPS

All wraps contain cilantro dressing. If you are allergic to nuts, please ask for it to be removed.

**HUMMUS VEGGIE WRAP** **V** 13  
Hummus, kale salad, spinach, avocado, arugula, carrot, parsley, cilantro, scallion & aioli dressing **N**. Wrapped in whole wheat or Spinach tortilla (Gluten free tortilla add 2.25)

**GRILLED CHICKEN AVOCADO WRAP** 14  
Organic brown rice or Basmati rice or organic quinoa, grilled chicken breast, avocado, pesto **N**, arugula, cherry tomato, red onions. Served with cilantro dressing **N**. Wrapped in whole wheat or Spinach tortilla (Gluten free tortilla add 2.25)

**MEDITERRANEAN SALMON WRAP** 15  
Wild salmon, quinoa, avocado, cucumber, arugula, scallions-tomatoes with spicy & aioli dressing **N**. Wrapped in whole wheat or Spinach tortilla (Gluten free tortilla add 2.25)

**MEXICAN BURRITO WRAP** *New* 16  
Organic brown rice or Basmati rice, black beans (optional), corn, guacamole, red onions pico de gallo, sour cream, cilantro, chicken & Cheddar Jack Cheese. Wrapped in whole wheat or Spinach tortilla (Gluten free tortilla add 2.25)



Live clean, eat vibrant

**ACAI BOWL**  
\$13